

### 3. How Can Home Economics Be Made More Interesting to the Adolescent Girl?

#### RESEARCH IN HOME ECONOMICS

The fundamental purpose of the home economics education section of the American Home Economics Association is research.

Among many interesting research problems that are being pursued is the study of science courses as related to home economics courses in schools and colleges. The committee working on this subject considers two projects necessary: one, to determine the science needs of home economics courses in colleges and universities; and the other, to determine to what extent these needs are served by existing science courses and to make recommendations for improving the latter.

Another newly appointed committee has been studying the intelligence of pupils electing home economics as compared with that of all pupils in junior and senior high schools which offer home economics as an elective.

#### HOUSEHOLD ECONOMICS IN LONDON

"A graduate summer session course in household economics will be given for American teachers under the auspices of Teachers College, Columbia University, in London, England, in July, 1929, by Professor Benjamin R. Andrews, Teachers College. The plan is to study home and community living conditions at first hand, particularly as regards housing and town planning, coöperative enterprises, public health, education, and organizations for homemaking, child care, social insurance, various aspects of industry, and other factors affecting family life."

ADELE R. BLACKWELL

### THE READING TABLE RECENT PUBLICATIONS IN HOME ECONOMICS

It would be impossible to give a complete list of everything that has been published in the past year in the field of home economics. I should also like to call attention to the chief organ of our work, *The Journal of Home Economics*, and *The Journal of Nutrition*, published by the American Institute of Nutrition, Inc., Springfield, Ill.

There have been several surveys made. And a notable report from the American Home Economics Association, Baltimore, Maryland, on *Child Development and Parental Education in Home Economics*, by Anna E. Richardson and Mabel Lawrence Miller, should receive our special attention.

Another survey of Public School Courses in *Child Care for Girls*, by Lelah Mae Crabbs and Mabel Lawrence Miller under the direction of Edna Noble White of the Merrill-Palmer School of Detroit, Mich. is a valuable report.

#### *Child Care*

CHILD CARE AND TRAINING. A Reading Course For Parents. Prepared by the Institute of Child Welfare, University of Minnesota. Minneapolis: University of Minnesota Press. 1928. Pp. 180. \$1.00.

A course of sixteen lessons for non-credit correspondence course in child care and training. A valuable book list for children is given and a bibliography of the general subject of child development, especially planned for those who are studying or planning courses in this field.

PSYCHOLOGY OF INFANCY AND EARLY CHILDHOOD. By Ada Hart Arlitt. New York: McGraw-Hill Book Company, Inc., 1928. Pp. 228. \$2.00.

A textbook for colleges and universities by a professor of child care and training in the University of Cincinnati. A list of references and class exercises are given with each chapter.

THE BEHAVIOUR OF YOUNG CHILDREN OF THE SAME FAMILY. Harvard Studies in Education, Vol. 10. By Blanche C. Weill. Cambridge: Harvard University Press. 1928. Pp. 220. \$3.00.

Case studies of the habit clinic of the Massachusetts State Division of Mental Hygiene and the author's personal knowledge of a number of the families. The book is of interest to parents and teachers.



**LIVING WITH OUR CHILDREN.** By Lillian M. Gilbreth. New York: W. W. Norton and Company, Inc. 1928. Pp. 309. \$2.50.

The author tells her story from her own experience. There are no generalities or abstractions. Some one has aptly said that "she is a human engineer as well as an efficiency expert."

**CHILDREN IN THE NURSERY SCHOOL.** By Harriet M. Johnson. New York: The John Day Company. 1928. Pp. 322. \$3.00.

**THE INTERNATIONAL HANDBOOK OF CHILD CARE AND PROTECTION.** Third edition of the International Year Book of Child Care and Protection. Compiled from Official Sources by Edward Fuller. New York: Longmans, Green and Company. 1928. Pp. 646. \$4.00.

#### *Clothing and Textiles*

**CLOTHING CONSTRUCTION.** By Clara M. Brown with the collaboration of Adella Eppel, Ethel R. Gorham, Aura I. Keever, Muriel C. McFarland, and Iva I. Sell. Boston: Ginn and Company. 1927. Pp. 236. \$1.72.

A handbook on Clothing Construction. Definite information is given of the major problems involved in garment construction and detailed instruction for all the minor points may be followed accurately and very easily. This is a splendid book to put into the hands of the beginning teacher.

**FUNDAMENTALS OF SEWING.** By Carrie Crane Ingalls. Milwaukee: The Bruce Publishing Company. 1928. Pp. 181. \$1.60.

A textbook for secondary and vocational schools. The book is illustrated with clearly marked drawings.

**JUNIOR FOOD AND CLOTHING.** By Kate W. Kinyon and L. Thomas Hopkins. Drawings by Dorothy Rittenhouse Morgan. New York: Benj. H. Sanborn Company. 1928. Pp. 137. \$1.50.

This book contains material that has been collected from classroom experience and designed for a textbook in junior high school home economics. The specific subjects that are emphasized are wise selection of foods and clothing, processes involved in the preparation and construction of these, and instruction in proper health habits for the needs of the growing child.

The book is well and graphically illustrated and the references are well chosen and arranged for easy use.

**WEARING APPAREL: ITS MANUFACTURE, UTILITY, SELECTION, AND CARE.** A Series of Seven Radio Talks. By Edgar R. Clark, C. F. Goldthwait, Lloyd E. Jackson, George H. Johnson, Rob Roy McGregor, Helen E. Wassell, (Radio Publication No. 37, University of Pittsburg.) Broadcast from the University of Pittsburg Studio KDKA. Westinghouse Electric and Manufacturing Company, Pittsburg. 1928. Pp. 62. 60 cents.

The principal aim of these talks was "to give technically sound advice that would be useful to all buyers of clothing." It covered the following topics: Cotton Fabrics, Undergarments, Wool Clothing, Silk Garments, Rayon Goods, Furs, and Hats.

**ECONOMICS OF FASHION.** By Paul H. Nystrom. New York: The Ronald Press Company. 1928. Pp. 521. \$6.00.

#### *Education*

**CURRICULUM MAKING IN THE ELEMENTARY SCHOOL.** By the staff of the elementary division of the Lincoln School of Teachers College, Columbia University. Boston: Ginn and Company. 1927. Pp. 359. \$1.80.

The material in this book represents the findings of the staff of the Lincoln School over a period of ten years and is arranged for the use of teachers in elementary schools. Much of the material included bears on home economics units, though not labeled as such.

**THE TEACHING OF HOME ECONOMICS.** By Clara M. Brown and Alice H. Haley. Boston: Houghton Mifflin and Company. 1928. Pp. 395. \$2.00.

A textbook for special methods courses in colleges and universities. Especially valuable for its tests, score and rating cards, and the apt examples used which are taken from the field of home economics to illustrate various points in teaching. It places home economics definitely in the field of education.

**ACHIEVEMENT SCALES IN HOUSEHOLD SCIENCE.** Division I, Scale S. By May E. Davis. Boston: Ginn and Company. 1928. 72 cents.

Thirty copies of the scale prepared for use in grades 8 and 9, with directions and a duplicate class record blank. This includes material from the field of food values, preparation and serving, with items of alternate choice, true-false, and completion types.

**THE TECHNIQUE OF CURRICULUM MAKING.** By Henry Harap. New York: The Macmillan Company. 1928. Pp. 315. \$2.50.

This book is the result of actual experience in curriculum making. The illustrations are drawn from actual investigations, the material has been tried with graduate and undergraduate classes of mature students and is so organized that the user may adapt the contents to his own needs.

The curriculum studies that were made are classified, first, by method of investigation, and second, by subject.

The bibliography in each chapter is so organized that one may find at a glance the help that he may need. And at the end of the book is a complete bibliography of curriculum investigations.

**OPPORTUNITIES FOR WOMEN TRAINED IN HOME ECONOMICS.** Survey Director, Walter H. Stead. Minneapolis, Minnesota: Woman's Occupational Bureau. 1928. Pp. 62. 35 cents.

#### *Family Relationships*

**THE FAMILY IN THE MAKING.** By Mary Burt Messer. New York: G. P. Putnam's Sons. 1928. Pp. 359. \$3.50.

Information based on a study made by the author at Stout Institute, Wisconsin, under Dr. L. D. Harvey. It is a real evolution of the development of the family from primitive times to a prophecy that "the family will stand forth in due time as a delicately wrought out form admitting of the highest measure of freedom yet attained, but supplying at the same time a graci-



ous bond supporting rather than constricting the rich life of our modern day."

**FAMILY LIFE TODAY.** Papers Presented at a Conference in Celebration of Family Social Work in America held at Buffalo, October 2 to 5, 1927. Edited by Margaret E. Rich. Boston: Houghton Mifflin Company. 1928. Pp. 244. \$2.50.

This conference was held under the auspices of the American Association for Organizing Family Social Work. Among the authors are W. F. Ogburn, Dorothy Canfield Fisher, Ernest R. Groves, Mary E. Richmond, and Paul H. Douglas.

**JUNIOR HOME PROBLEMS.** By Kate W. Kinyon and L. Thomas Hopkins. Drawings by Clara Atwood Fitts. Chicago: Benj. Sandborn and Company. 1928. Pp. 214. \$1.00.

A real book on the girl's problems, to develop her conscious attitude toward her own family and home relationships and through these her place in the community life. Under such topics as family relationships, budgeting, housekeeping skills, and child care, she is made to feel her place in the family group and to accept her responsibilities and to make her contributions. It is a help to both parent and teacher.

**AMERICAN MARRIAGE AND FAMILY RELATIONSHIP.** By Ernest R. Grove and William F. Ogburn. Chicago: Henry Holt Company. 1928. \$4.50. "Statistical study of American marriage."

**SOCIAL PROBLEMS OF THE FAMILY.** By Ernest R. Grove. Philadelphia: J. B. Lippincott Company. 1927. Pp. 314. \$2.50.

#### *Foods*

**TABLE SERVICE AND DECORATION.** By Lillian M. Gunn. Philadelphia: J. B. Lippincott Company. 1928. Pp. 107. \$1.50.

This is a textbook based on the author's long experience as instructor in Table Service at Teachers College, Columbia University, and as editor of the Table Service section of *McCall's Magazine*. Mrs. Gunn is an authority on this subject, and this book is a "last word" of authentic information.

**TABLE SETTING AND SERVICE FOR MISTRESS AND MAID.** By Della Thompson Lutes. Boston: M. Barrows and Company. 1928. Pp. 155. \$2.25.

A common-sense up-to-date, and well illustrated book describing special entertainments, formal and informal, and giving specific answers to questions that are frequently asked.

**HOWS AND WHYS OF COOKING.** By Evelyn G. Halliday and Isabel T. Noble. Chicago: University of Chicago Press. 1928. Pp. 179. \$2.00.

As a result of research work and teaching in the department of home economics of the University of Chicago the authors have related some of their findings in the fundamental cookery processes. The illustrations are especially good. This is a real contribution to the field of cookery.

**EVERYDAY FOODS.** By Jessie W. Harris and Elizabeth V. Lacey. Under the editorial supervision of Alice F. Blood. Boston: Houghton Mifflin Company. 1927. Pp. 512. \$2.50. A textbook for high schools.

**LEARNING EXERCISES IN FOOD AND NUTRITION.** By Anna Bell Robinson and Florence M. King, with a foreword by Walter S. Monroe. New York: D. C. Heath and Company. 1928. Pp. 164. \$1.50.

Based upon individual differences, this book is "planned to meet several levels of ability." It is especially a high school text.

**A BOOK OF FOOD.** By P. Morton Shand. New York: Alfred A. Knopf. 1928. Pp. 319. \$4.00.

#### *Home Management*

**HOME MAKING, A PROFESSION FOR MEN AND WOMEN.** By Elizabeth and Forrester MacDonald. Boston: Marshall Jones Company. 1927. Pp. 267.

This is a plea for the recognition of the job of homemaking as a profession. As stated in the foreword, "this book was worked out through several years of classroom practice as an introductory home economics course elected by college women having the double aim of preparing for business and domestic life . . . Its main objective is to emphasize the need for further study of the social philosophy of homemaking as well as for a more exact comprehension of its professional status."

**KITCHEN MANAGEMENT: Construction, Planning, Administration.** By K. O. Dahl. New York: Harper and Brothers. 1928. Pp. 364. \$5.00.

A book of suggestions, plans, tables, and illustrations of problems for the modern hotel, restaurant or institutional manager, written by an experienced administrator and writer on such subjects.

**THE HOUSE AND ITS CARE.** By Mary L. Matthews. Boston: Little, Brown and Company. 1926. Pp. 246. \$1.50.

An excellent text or reference book for senior high school.

#### *House Planning and Furnishing*

**EARLY AMERICAN FURNITURE.** By Charles O. Cornelius. New York: Century Company. 1926. \$4.00.

A history of American furniture styles from earliest times to the Victorian era by the curator in the department of Decorative Art, Metropolitan Museum of Art, New York.

**YOUR HOUSE.** A Workable Book for the Home Decorator. By Lois Palmer. Boston: The Boston Cooking School Magazine Company. 1928. Pp. 209.

Illustrated from actual photographs.

**A SIMPLE COURSE IN HOME DECORATION.** By Winnifred Fales. New York: Dodd, Mead and Company. 1927. \$5.00.

A new edition, including practical helps on decorating and furnishing the modest home. Also chapters on historic furniture.

**HOMES OF CHARACTER.** By Marcia Mead. New York: Dodd, Mead and Company. 1926. \$3.50. Illustrating various architectural styles of today. Well written and authentic.



*Nutrition and Health*

**NUTRITION.** By Walter H. Eddy. Baltimore: The Williams and Wilkins Company. 1928. Pp. 237. \$2.50.

This book is of special interest to the student with a background of nutrition and also to anyone who may be interested in the newer developments of vitamin study. It is a result of experimental research in the author's own laboratory.

**NUTRITION IN HEALTH AND DISEASE. FOR NURSES.** By Lenna F. Cooper, Edith M. Barber, and Helen S. Mitchell. Philadelphia: J. B. Lippincott Company. 1928. Pp. 574. \$3.00.

A book for nurses on food and nutrition. Well arranged into sections on Principles of Nutrition, Food Selection, Diet in Disease, and Cooking for the Sick and Convalescent.

The book is non-technical; the material is presented in a clear and interesting way. The illustrations are excellent.

**FOOD, NUTRITION, AND HEALTH.** By E. V. McCullum and Nina Simmonds. Second Edition, Revised. Published by the authors, East End Post Station, Box 25 Baltimore, Md. 1928. Pp. 148. \$1.60.

This well-known text needs no comment except to state that these authors are keeping us in touch with their recent findings in the field of research.

**EAT, DRINK, AND BE HEALTHY.** An Outline of Rational Dietetics. By Clarence W. Lieb. New York: The John Day Company. 1928. Pp. 180. \$1.50.

Suggestions to help one choose his food so as to meet the recognized standard body requirements.

**DIABETIC MANUAL FOR PATIENTS.** By Henry J. John. St. Louis: The C. V. Mosby Company. 1928. Pp. 202. \$2.00.

**TEXTBOOK OF CHEMISTRY FOR NURSES AND STUDENTS OF HOME ECONOMICS. SECOND EDITION.** By Annie Louise Macleod. New York: The McGraw-Hill Book Company. 1929. Pp. 241. \$2.50.

**WHEAT FLOUR AND DIET.** By B. C. O. Swanson. New York: The Macmillan Company. 1928. Pp. 203. \$2.50.

M. L. WILSON

## NEWS OF THE COLLEGE

Following two election days on February 5 and February 19, campus leaders for the year beginning on March 20, with the opening of the spring quarter, have been chosen by the student body as follows:

Student Government—Mina G. Thomas, president; Juanita Berry, vice-president; Virginia Stark, secretary-treasurer.

Y. W. C. A.—Elizabeth Dixon, president;

Gertrude Drinker, vice-president; Nellie Cowan, secretary; Jeannette Ingle, treasurer.

Athletic Association—Evelyn Bowers, president; Esther Smith, vice-president; Mary Watt, business manager.

*The Breeze*—Phyllis Palmer, editor-in-chief; Frances Snyder, business manager.

*The Schoolma'am*—Anne Trott, editor-in-chief; Virginia Gilliam, business manager.

Recorder of Points—Ruth Sisson.

Officers of the Athletic Association and of the Schoolma'am assume responsibility at the beginning of the fall quarter next September.

Two most enjoyable numbers of the entertainment series have been offered during the past month. On Tuesday evening, January 28, E. H. Sothorn, famous actor and interpreter of Shakespearean rôles, delighted a large audience of students, faculty, and townspeople. On Monday evening, February 18, the Boston Male Choir gave a pleasing program to a large audience.

The week of February 4-9 was observed on the campus as National Drama Week. Suitable chapel programs were offered and several organizations, particularly the Stratford Dramatic Club and the Lanier Literary Society, observed the week.

On January 30, Alpha Chi Chapter of Kappa Delta Pi, honorary educational fraternity, celebrated its first anniversary with a banquet. President Samuel P. Duke and Miss Katherine M. Anthony, director of teacher training, were elected to honorary membership. Eleven active members have also been elected: Janet Biedler, Elizabeth Cockerill, Mary Crane, Elizabeth Dixon, Irene Garrison, Janet Houck, Elizabeth Kaminsky, Eva Kinsey, Elva Kirkpatrick, Elizabeth Miller, Phyllis Palmer.

The varsity basketball team has won every game so far this season. On February 2, the local basketeers defeated the team from Lynchburg College, there, by the large majority of 51-17. Then on February 4 the team of the Farmville State Teachers